Ayapanah / Ayapana triplinervis

Part consumed - 
Stem, Leaves, Roots

Form consumed - 
Powder, Juice, Decoctions

Maximum daily consumption by adults –
Powder - 6 g
Juice - 5-10 ml
Decoction - 50 ml

Composition
• Ayapanin
• Ayapain
• Stigmasterol
• Vitamin C
• Carotene
• Ayapana oil

Indications as per Ayurveda
• Bleeding wounds
• Fevers, Cough
• Asthma
• Colics, Pains
• Skin Diseases
• Animal poisons

Modern Clinical Studies
• Antibacterial
• Antifungal
• Antiviral
• Hepato-protective
• Immunity booster
• Ulcers
• Bleeding Disorders
• Antioxidant