

Kalamegha- Bhunimba / *Andrographis paniculata*

Part consumed -

Whole Plant

Form consumed -

Powder, Fresh Juice,
Decoctions, Extract

Maximum daily consumption by adults -

Powder - 6 g

Fresh Juice - 5-10 ml

Decoctions - 20-40 ml

Extract - 0.5-1 ml

Composition

- Andrographolides
- Andrographin
- Andrographidine
- Oroxylin A
- Paniculides



Indication as per Ayurveda

- Fevers
- Liver Diseases
- Anaemia
- Oedema
- Worms
- Skin Diseases

Modern Clinical Studies

- Anti-pyretic
- Hepatoprotective
- Antioxidant