

# Makoya / *Solanum nigrum*

**Part consumed –**  
Root, Whole plant

**Form consumed -**  
Dried powder, Juice, Alkali

**Maximum daily  
consumption by adults-**

Powder - 6 g  
Juice - 10 - 20 ml  
Alkali - 0.5 - 2 g

## **Composition**

- Tannins
- Phlobatannins
- Calcium
- Iron
- Phosphorus
- Alkaloids
- Flavonoids
- Steroids



## **Indications as per Ayurveda**

- Acute Nephritis
- Urethritis
- Leucorrhea
- Sore Throat
- Toothache
- Dermatitis
- Carbuncles
- Antiseptic
- Anti-inflammatory
- Cardio-tonic
- Sedative
- Liver Protective

## **Modern Clinical Studies**

- Antitumor
- Anti-inflammatory
- Antibacterial
- Neuroprotective
- Antioxidant