

Neem / *Azadirachta indica*

Part consumed -

Bark, Leaves, Seed, Flowers, Oil

Form consumed -

Dried powder, Decoction, Seed oil

Maximum daily consumption by adults -

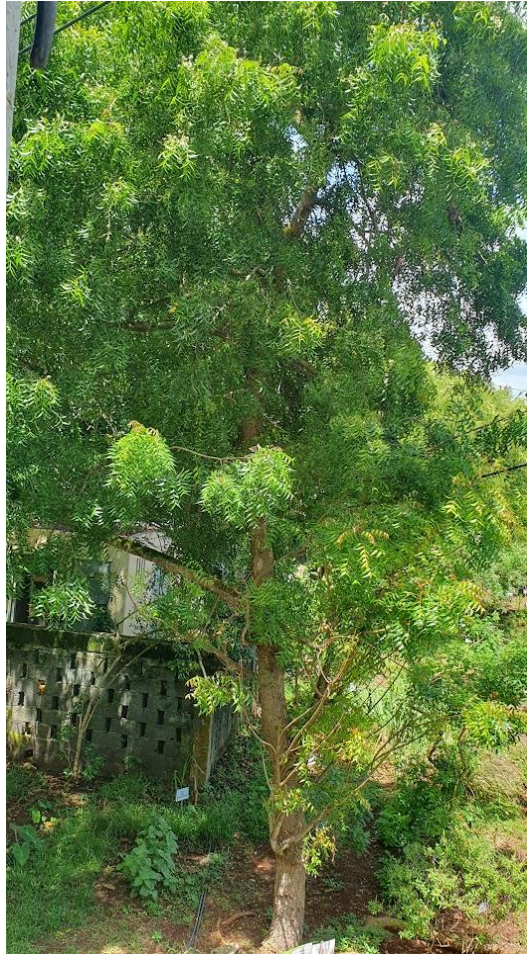
Powder - 6 g

Decoction - 10-20 ml

Seed Oil - 5-10 drops

Composition

- Nimbolinin
- Nimbin
- Nimbidin
- Gedunin
- Margosin
- Salannin
- Quercetin
- Fixed Oils



Indications as per Ayurveda

- Antimicrobial
- Anti-Inflammatory
- Antiarthritic, Antipyretic
- Hypoglycaemic, Anti Ulcer
- Dermatitis, Acne Vulgaris
- Allergies, Sting Bites
- Antitumour, Anti-Cancer

Modern Clinical Studies

- Skin Health
- Dental care
- Antioxidant
- Antimicrobial
- Anti-inflammatory
- Antitumour,
- Anti-Cancer