

# Snuhi / *Euphorbia neriifolia*

## Part consumed -

Root, Stem, Leaves, Latex

## Form consumed -

Juice, Latex, Powder

## Maximum daily consumption by adults -

Stem Juice - 5 - 10 ml

Latex - 125 - 250 mg

Root Powder - 0.5 - 1 g

## Composition

- Euphol
- Neriifolin
- Flavonoids
- Alkaloids
- Terpenoids
- Lignans
- Polyphenols
- Tannins
- Coumarins
- Saponins



## Indications as per Ayurveda

- Arthritis
- Tumours
- Colics
- Oedema
- Piles
- Skin Diseases
- Obesity

## Modern Clinical Studies

- Anti-hepatotoxic
- Anti-lithic
- Anti-hypertensive
- Anti-HIV
- Anti-hepatitis B