Aloe-Kumari / Aloe vera

Part consumed - Leaf pulp

Form consumed - Fresh juice, Aqueous extract

Maximum daily consumption by adults - Juice- 10-20 ml Extract- 100- 300 mg

Composition
• Aloenin
• Barbaloin
• Aloesin
• Aloesone

Indications as per Ayurveda
• Digestive
• Anti pyrexia
• Anti aging
• Liver Protective
• Skin Health
• Menstrual Disorders

Modern Clinical Studies
• Anti- inflammatory
• Anti-microbial
• Analgesic
• Anti- arthritis
• Skin Diseases